

Pajama Havdalah

with Lisa Baydush



Program overview:

Pajama Havdalah is a charming, family-friendly event, appropriate for children in preschool through the early elementary school years. Children (and parents) are invited to come in their pajamas and bring a favorite stuffed animal for a slumber-party-style sing-along Havdalah program.

The program is about an hour in length, beginning with a Havdalah-related art project (described below). After everyone has arrived and completed the project, parents and children sit on blankets on the floor for an interactive song-session that concludes with the Havdalah ceremony. When it comes time to light the Havdalah candle, each child is given a glow stick to hold and each family a spice bag, and the lights are dimmed to create a magical Havdalah moment. Lisa provides a Havdalah service booklet for the parents which includes the blessings, song lyrics, and an explanation of the Havdalah customs.

Project Ideas:

1. **Spice Box**



Children decorate a small, round cardboard box with crayons, stickers, glitter, markers, etc. When they have finished decorating it, an adult puts cinnamon and cloves inside the box (which has tiny holes poked in the top). Children enjoy holding and smelling their spice box during the Havdalah ceremony!

2. **Kiddush Cup**

Children color plastic wine cups with permanent markers. Children enjoy holding their own Kiddush cup during the Havdalah ceremony, and best of all, this special cup can be used every Shabbat!

3. **Havdalah Candle**

With Model Magic sculpting clay, children create Havdalah candles. Each child is given three small balls of colored Model Magic, which they roll, twist, braid and smush into one tall "candle." A felt 'flame' is provided for the children to put on top of their candle. Candles are left to dry on paper plates so that it is easy to transport them home. Model Magic air-dries in 24 hours. Or make REAL candles: <http://jewishlearningmatters.com/AC-Kids-Create-Mini-Havdalah-Candle-1460.aspx>.



To book a Pajama Havdalah program for your school or congregation, contact Lisa at SunshineGirlSings@gmail.com or 301-424-2051. For more information, please visit www.LisaBaydush.com.